

Marysville JUSD

LHS Breakfast Menu

Jan 28, 2016

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Bagel Strawberry Tyson Pancake Sandwich Coffee Cake WG Benefit Bar-Variety PB&J Graham Wafer Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	2 Egg & Biscuit Sandwich Turkey Sausage Patty Egg & Cheese Omelet Biscuit Pillsbury 2.5OZ Muffin Batter Berry 2 gr Benefit Bar-Variety Yogurt Parfait Peach Lemon Scone Cereal Fruit Yogurt PB&J Graham Wafer Crystal 4 oz. Juice Traditional Fresh Fruit	3 Banana Bread WG BREAKFAST BURRI TO Chocolate Muffin 4ozOtis Fruit Yogurt Benefit Bar-Variety PB&J Graham Wafer Cereal Mozz String Cheese Crystal 4 oz. Juice Traditional Fresh Fruit	4 Turkey Saus Square Pizza Mini Pancake Maple Yogurt Parfait Peach PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	5 BRFST BI SCUI T SAUS & CHE WG French Toast Sticks Dutch Waffle & Frz Berry PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit
8 Mini Bagel Strawberry Coffee Cake WG Pancake & Sausage Stick Benefit Bar-Variety PB&J Graham Wafer Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	9 EGG & GRAVY BI SCUI T Egg & Biscuit Sandwich Coffee Cake WG Muffin Batter Pumpk 2 gr Benefit Bar-Variety Yogurt Parfait Peach Cereal Fruit Yogurt PB&J Graham Wafer Crystal 4 oz. Juice Traditional Fresh Fruit	10 Buttermilk Bars BREAKFAST BURRI TO Sweet Potato Muffin Fruit Yogurt Benefit Bar-Variety PB&J Graham Wafer Cereal Mozz String Cheese Crystal 4 oz. Juice Traditional Fresh Fruit	11 Turkey Saus Square Pizza Mini Sausage Pancake Yogurt Parfait Peach PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	12 BRFST BI SCUI T SAUS & CHE WG French Toast Sticks Dutch Waffle & Frz Berry PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit
15 Mini Bagel Strawberry Coffee Cake WG Pancake & Sausage Stick Benefit Bar-Variety PB&J Graham Wafer Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	16 EGG & GRAVY BI SCUI T Egg & Biscuit Sandwich Turkey Sausage Patty Muffin Batter Pumpk 2 gr Benefit Bar-Variety Yogurt Parfait Peach Strawberry Scone Cereal Fruit Yogurt PB&J Graham Wafer Crystal 4 oz. Juice Traditional Fresh Fruit	17 Banana Bread WG BREAKFAST BURRI TO Blueberry Muffin 4ozOtis Fruit Yogurt Benefit Bar-Variety PB&J Graham Wafer Cereal Mozz String Cheese Crystal 4 oz. Juice Traditional Fresh Fruit	18 Turkey Saus Square Pizza Mini Pancake Maple Yogurt Parfait Peach PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	19 BRFST BI SCUI T SAUS & CHE WG French Toast Sticks Dutch Waffle & Frz Berry PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

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22 Sausage/Cheese Bagel WG Coffee Cake WG Pancake & Sausage Stick Benefit Bar-Variety PB&J Graham Wafer Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	23 EGG & GRAVY BISCUIT Egg & Biscuit Sandwich Turkey Sausage Patty Muffin Batter ApCin 2 gr Banana Muffin 4oz-Otis Yogurt Parfait Peach Benefit Bar-Variety Cereal Fruit Yogurt PB&J Graham Wafer Crystal 4 oz. Juice Traditional Fresh Fruit	24 Buttermilk Bars BREAKFAST BURRITO PI NEAPPLE MUFFIN Fruit Yogurt Benefit Bar-Variety PB&J Graham Wafer Cereal Mozz String Cheese Crystal 4 oz. Juice Traditional Fresh Fruit	25 Turkey Saus Square Pizza Mini Sausage Pancake Yogurt Parfait Peach PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit	26 BRFAST BISCUIT SAUS & CHE WG French Toast Sticks Dutch Waffle & Frz Berry PB&J Graham Wafer Benefit Bar-Variety Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit
29 Mini Bagel Strawberry Tyson Pancake Sandwich Coffee Cake WG Benefit Bar-Variety PB&J Graham Wafer Cereal Fruit Yogurt Crystal 4 oz. Juice Traditional Fresh Fruit				

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